
*International Association of
Voice Stress Analysts*



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International Association of Voice Stress Analysts (IAVSA)

About the IAVSA

The IAVSA, established in 1995, is a professional training organization serving the needs of law enforcement agencies, licensed security agencies, corporate & industrial security departments, and professional private examiners. We are the oldest Voice Stress Analysis (VSA) training association in existence. We are the only training provider to offer a dual certification for both the VIPRE Voice Stress Analyzer and the CVSA®.

The IAVSA maintains high standards in regard to the personal/professional background and quality of its instructors. In addition, our instructors are also members of the International Law Enforcement Educators & Training Association, commonly referred to as ILEETA.

Peace Officer Standards and Training (P.O.S.T.) Certification

The IAVSA, as a matter of record, has received approval from the Arkansas Commission on Law Enforcement Standards and Training (CLEST) for our VSA training program. Arkansas examiners who attend IAVSA training receive POST credit for attending our VSA classes. We are also POST certified in the state of Missouri, allowing Missouri examiners to receive credit for attending IAVSA classes.

The IAVSA welcomes comments, concerns, or inquiries about either our training courses or our journal of credibility assessment techniques.

How to Contact Us:

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Kinesic Interview & Interrogation Tips

by D. Glenn Foster, Father of the Kinesic Interview Technique

About D. Glenn Foster

D. Glenn Foster, the father of the Kinesic Interview Technique, is a recognized expert, practitioner, and teacher of this renowned system for interviews and interrogations. He began his career with the Atlanta Police Department and later served as a polygraph examiner. Throughout his career, Glenn dedicated himself to the lifelong study of deceptive behaviors exhibited by humans under stress. He teamed up with Frederick C. Link to develop the Kinesic Interview Technique, and their 1980 book of the same name established the foundational principles of this methodology.

Over the last 40 years, Glenn has trained thousands of law enforcement personnel, including agents from the U.S. Army Counter-Intelligence, officials from the U.S. State Department, members of the Royal Canadian Mounted Police, Mexican Police kidnapping units, and investigators from State Farm Insurance and Blue Cross Blue Shield. He has also instructed bomb squad officers, arson investigators, and hundreds of local, state, and federal law enforcement officers. Beyond law enforcement, Glenn has educated professional groups, including judges, trial attorneys, psychiatrists, and psychologists, and has lectured throughout Europe on behavioral analysis.

In recent years, while working on cold case homicides, Glenn has focused on developing his Kinesic Statement Analysis Technique. This technique involves deconstructing both conscious and subconscious behaviors that a deceptive individual may display when speaking or writing. It can be applied to analyze handwritten statements, transcripts, and audio or video interviews.

Preface

Glenn has permitted the IAVSA to share his developed techniques with the readers of IAVSA's Journal of Credibility Assessment Techniques. Glenn's techniques are too many to list in just one journal; therefore, we will list a few in each publication.

Tip #5 Criminal Postures

Here are some behaviors that will help you identify certain subjects' pasts.

Criminal Postures

It is handy to be able to recognize if your subject has done time.

Criminals, who have spent extended stays in prison where they have had to stand or sit for long periods, have been conditioned to rest and move in distinctive ways.

Watch for a con to:

- Sit in front of you in the interview room with his legs apart as far as they will go, leaning forward at a 45-degree angle, with his forearms resting on his thighs.
- Sit with his legs crossed at the knees and his hands folded over them (Looks like the European style of sitting),
- Lean against a wall, one leg bent back against the wall at a 45 degree angle, with his eyes sweeping back and forth.
- Strut with an exaggerated, slow walk, his arms swinging slowly back and forth as his head remains stationary.

The sitting postures are the result of trying to alleviate buttocks soreness caused by sitting in one position for too long. The stance with back to a wall is obviously done to protect the back and the strut is done to project power to the other inmates.

Tip #6 Power Games: (i) Silence

Of all the power ploys the subject resorts to, the most difficult to deal with is *silence*.

Power Games: (i) Silence

This is where your subject tries to shut you down by controlling the flow of information. Silence stops the flow entirely and puts them in control. They have the power to restart it - when and if they decide to.

Being aware that their body language can also send signals, this subject also shuts down movement. They assume a non-communicative, non-emotional facial expression and clamp their bodies into stillness in the interview chair.

Watch for a subject to use the silence ploy as you approach relevant areas.

I recommend that the way to handle silence is to try to slowly, gradually break it. Try to force the subject to respond firstly with head movements: a nod or a shake as you pose questions requiring a 'yes' or a 'no' response. Once the subject is responding this way, then try to progress to getting verbal, single word responses. Slowly, you regain control of the interview and the flow of information.

Interesting example: Politicians of all stripes are masters at wielding this type of power play when caught up in a scandal, a lie, or a situation they wish would simply go away. You probably caught recent film of Howard Dean, former head of the Democratic Party, being pursued by a reporter from Fox News. Being peppered with questions, Dean retreated into silence, shut down and blocked out any acknowledgement of the reporter or his questions. For a full 25 seconds he froze all expression on his face and kept walking.

Next Generation in Voice Stress Analyzers

VIPRE Technology Group Introduces AISIS: An Artificial Intelligence-Based Stress Identification System

Abstract

In November 2025, VIPRE Technology Group announced the release of the Artificial Intelligence Stress Identification System (AISIS), the first commercially available platform designed to autonomously identify autonomic stress indicators while synchronizing those findings with kinesics-based video review. According to VIPRE Technology Group, AISIS integrates machine-learning analytics with time-referenced behavioral recall to produce consistent, repeatable, and evidence-grade outputs suitable for investigative, security, and screening environments.

Introduction

Advances in artificial intelligence have accelerated demand for objective, auditable tools that support investigative decision-making. Traditional stress and credibility assessment methods often rely on subjective interpretation and examiner-dependent variability. AISIS was developed to address these limitations by combining autonomic stress analytics with structured kinesics review in a single, unified platform.

System Development and Architecture

VIPRE Technology Group developed AISIS in collaboration with an advanced AI research and interface engineering team whose experience includes U.S. Navy operations and major university research programs. The system employs machine-learning algorithms optimized for investigative and security applications. Examination data are automatically scored and linked to time-stamped video segments, enabling examiners and reviewers to revisit precise moments when autonomic stress responses and observable behavioral indicators converge.

The platform is designed for operational practicality. AISIS operates on a macOS-based Apple MacBook Air environment, supporting both fixed interview rooms and mobile field deployments. Automated analytics, structured reporting, and a streamlined interface are intended to reduce training burdens while preserving methodological rigor.

Operational Capabilities

AISIS extends VIPRE Technology Group's prior VASIS platform by introducing full automation and AI-driven analytics. Core capabilities include:

- AI-powered autonomic stress detection
- Post-examination kinesics video review with time-referenced linkage
- Automated scoring and evidentiary-grade reporting
- Decision-support functionality during interviews and examinations

Applications

AISIS is designed to support a wide range of investigative and screening missions, including:

- Pre-employment and internal affairs screening
- Criminal and civil investigations
- Border security and immigration interviews
- Counterterrorism and threat assessments
- Field-deployable operations requiring minimal examiner training

Discussion

By integrating autonomic stress indicators with synchronized behavioral review, AISIS provides an objective framework that reduces reliance on subjective judgment. The system's emphasis on repeatability and auditability aligns with contemporary expectations for evidence-based investigative tools and supports consistent application across agencies and jurisdictions.

Conclusion

AISIS represents a significant advancement in applied investigative technology. By combining artificial intelligence, autonomic stress analysis, and kinesics review, the platform offers a practical, scientifically grounded approach to stress identification suitable for modern investigative and security environments.

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The Need for Voice Stress Analysis in Prison and Correctional Institutions

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December 2025

Introduction

Correctional institutions face complex challenges in maintaining security, safety, and integrity within their walls. Managing inmate behavior, preventing contraband smuggling, investigating incidents, and ensuring the ethical conduct of correctional staff are ongoing priorities. Traditional investigative tools, such as written statements, interviews, and physical evidence collection, remain essential. However, these tools often rely heavily on the willingness of individuals to provide truthful information – an element that can be compromised by deception, fear of retaliation, or conflicting interests.

Voice stress analysis (VSA) offers a promising technological solution to these challenges by providing an objective method for detecting stress-related vocal patterns that may indicate deception or emotional strain. Unlike older polygraph-based systems, VSA operates through the analysis of speech, making it non-invasive, portable, and adaptable to various environments.¹ Among VSA technologies, the VIPRE Voice Stress Analyzer, developed by VIPRE Technology Group, LLC, has emerged as the leader in the field, setting itself apart through its unique methodology, exceptional training programs, and a record of trust unmatched in the industry.

Understanding Voice Stress Analysis

VSA systems detect changes in the human voice that occur under psychological stress. Many traditional systems claim to identify these changes by measuring AM/FM frequency shifts or “micro-tremors” in the vocal cords.² However, this micro-tremor theory has been a source of ongoing debate in scientific and law enforcement communities, with critics questioning its physiological validity.³

The VIPRE Voice Stress Analyzer takes a different approach. Rather than relying on AM/FM frequency theory, it focuses on analyzing emotional stress transmitted via the vagus nerve to the vocal cords. The vagus nerve plays a central role in the autonomic nervous system, influencing vocal fold tension and subtle speech characteristics when a person experiences stress or anxiety.⁴ This focus on a well-established neurophysiological pathway gives VIPRE’s system a more

¹ Haddad, L. M., Walter, S. J., Ratley, R. J., & Smith, R. A. (2002). Investigation and evaluation of voice stress analysis technology. *Journal of Forensic Sciences*, 47(2), 344–350. <https://doi.org/10.1520/JFS15222J>

² Eriksson, A., & Lacerda, F. (2007). Charlataanry in forensic speech science: A problem to be taken seriously. *International Journal of Speech, Language & the Law*, 14(2), 169–193.

³ Hollien, H., & Harnsberger, J. D. (2006). Voice stress analysis and the detection of deception. *Journal of Forensic Science*, 51(1), 1–10.

⁴ Porges, S. W. (2011). *The polyvagal theory: Neurophysiological foundations of emotions, attachment, communication, and self-regulation*. W. W. Norton & Company.

scientifically grounded basis for detecting stress-related changes in speech, increasing both accuracy and credibility in operational contexts.

VIPRE's Proven Record of Reliability and Trust

In an industry where some voice stress analyzer manufacturers have faced client-originated lawsuits – often tied to product reliability or inadequate examiner training – according to VIPRE Technology Group, LLC, it stands alone as the only manufacturer never to have been involved in such litigation. This track record is not accidental.

First, the VIPRE Voice Stress Analyzer is described by its manufacturer as being built on neurophysiological principles involving the vagus nerve, rather than micro-tremor theory (VIPRE Technology Group, 2022). Second, and equally important, VIPRE places exceptional emphasis on examiner training. Its training programs ensure that users not only understand the system's operation but also apply it ethically, interpret results correctly, and integrate findings within established investigative protocols. This dual focus on technological excellence and professional competence minimizes misuse, misinterpretation, and the resulting legal disputes that have plagued other manufacturers.

For correctional institutions – where investigative findings can influence administrative action, criminal prosecution, or staff discipline – this unmatched record of legal stability is a significant factor in risk management and institutional trust.

Inmate Management and Security

Correctional facilities are dynamic, high-risk environments. Inmates may attempt to manipulate information for personal gain, conceal contraband trafficking networks, or withhold knowledge of planned violence. Much of the critical intelligence in a facility depends on statements from inmates or confidential informants, whose credibility may be uncertain.

The VIPRE Voice Stress Analyzer can be integrated into investigative interviews to assess the veracity of inmate statements. For example, when an inmate denies knowledge of a security breach, VIPRE can detect stress indicators linked to deception, helping investigators decide whether to pursue deeper questioning. This process does not replace corroboration through physical evidence but allows investigative teams to prioritize leads more effectively.¹

Furthermore, many institutions monitor inmate phone calls for security purposes. VIPRE technology, because it can operate effectively on recorded audio, can be used to scan for conversations where stress markers indicate possible deception or illicit activity – such as coordinating drug deliveries, planning escapes, or threatening other inmates.²

Staff Integrity and Misconduct Prevention

The integrity of correctional officers and other staff is paramount. Insider threats – such as staff smuggling contraband, engaging in unauthorized communications with inmates, or abusing

¹ National Institute of Justice. (2016). Contraband cell phones in prisons: A threat to safety, security, and institutional order. Washington, DC: U.S. Department of Justice.

² Federal Bureau of Prisons. (2017). Annual report 2017. Washington, DC: U.S. Department of Justice.

authority – are rare but highly damaging. Investigating such allegations often involves conflicting statements and scarce physical evidence.

VIPRE's technology can be employed during internal affairs investigations to assess the credibility of staff statements. Its vagus nerve–based analysis method offers a reliable alternative to older, disputed frequency-based systems, making results more defensible in administrative contexts.

Routine, legally compliant integrity screenings using VIPRE could act as a deterrent to misconduct and identify potential security risks early – protecting both the institution and the honest majority of correctional staff.¹ VIPRE's comprehensive examiner training further ensures that such screenings are conducted fairly, consistently, and in ways that uphold both legal and ethical standards.

Advantages of the VIPRE Voice Stress Analyzer in Correctional Settings

1. **Scientific Validity** – Operates on the measurable physiological influence of the vagus nerve on vocal cords, avoiding the controversial micro-tremor theory.²
2. **Proven Legal Track Record** – Only VSA manufacturer without client-originated lawsuits, demonstrating superior product reliability and examiner training.
3. **Operational Versatility** – Effective in live interviews, recorded interrogations, phone monitoring, and remote assessments.
4. **Non-Invasive & Low Profile** – Requires only a voice sample, allowing for discreet use without specialized sensors or invasive equipment.
5. **Cost-Effective** – Less labor and equipment-intensive than polygraph examinations, lowering long-term costs.³
6. **Rapid Deployment** – Can be used immediately in urgent investigations without elaborate setup.
7. **Evidence Support** – Serves as a credibility assessment tool, guiding investigative focus rather than replacing professional judgment.⁴

Ethical Considerations and Limitations

While the VIPRE Voice Stress Analyzer offers improved scientific grounding and an unmatched record of trust, it must still be applied within ethical and procedural safeguards. VSA results should never be the sole determinant in disciplinary action or criminal proceedings. Instead,

¹ Bureau of Justice Statistics. (2015). Use of restrictive housing in U.S. prisons and jails, 2011–12 (NCJ 249209). Washington, DC: U.S. Department of Justice.

² Porges, S. W. (2011). The polyvagal theory: Neurophysiological foundations of emotions, attachment, communication, and self-regulation. W. W. Norton & Company.

³ U.S. Department of Defense Polygraph Institute. (1997). Voice stress analysis: A critical review (DoDPI Technical Report No. 97-01). Fort Jackson, SC

⁴ National Research Council. (2003). The polygraph and lie detection. National Academies Press.

they should be combined with corroborative evidence and evaluated through established investigative frameworks.¹

Transparency about the system's purpose, adherence to due process, and compliance with privacy laws are critical to sustaining public trust. VIPRE's non-invasive nature supports these goals by allowing investigators to obtain assessments without physically restraining or subjecting individuals to invasive testing procedures.

Conclusion

Truth verification is a cornerstone of correctional security, and voice stress analysis – particularly through the advanced capabilities of the VIPRE Voice Stress Analyzer – offers a critical enhancement to investigative operations. By combining sound neurophysiological principles, exceptional examiner training, and an unmatched legal record, VIPRE equips correctional professionals with a reliable, non-invasive, and cost-effective method of assessing credibility.

When deployed responsibly, VIPRE technology can strengthen institutional integrity, improve inmate management, and help correctional facilities meet the modern demands of security and accountability – without the legal vulnerabilities that have affected other systems.

¹ Code of ethics. Code of Ethics. (n.d.).

https://www.aca.org/ACA_Member/ACA/ACA_Member/AboutUs/Code_of_Ethics.aspx

Polygraph and Voice Stress Analysis (VSA) Licensing by State

Retrieved from
<https://nebraskalegislature.gov/pdf/SurveyDocs/comparison1632923487.pdf>

VSA Licensing Requirements by State

State	Requires Voice Stress License	Attend Voice Stress School	Exam	Internship Required?	Fee	Notes
Alabama	No					
Alaska	No					
Arizona	No					
Arkansas	Yes	Yes	No	No	\$156	Background check required;
California	No					
Colorado	No					
Connecticut	No					
Delaware	No					
DC	No					
Florida	No					
Georgia	No					
Hawaii	No					
Idaho	No					
Illinois	No, for Law Enforcement Use					
Indiana	No					
Iowa	No					
Kansas	No					
Kentucky	NO					
Louisiana	No					
Maine	No					
Maryland	No					
Massachusetts	No					
Michigan	No					
Minnesota	No					
Mississippi	No					
Missouri	No					
Montana	No					
Nevada	No					
New Hampshire	No					
New Jersey	No					
New Mexico	No					
New York	No					
North Carolina	No					
North Dakota	No					
Ohio	No					
Oklahoma	No					
Oregon	No					
Pennsylvania	No					
Rhode Island	No					
South Carolina	No					
South Dakota	Yes	Yes	No	No	\$25	
Tennessee	No					
Texas	No					
Utah	No					
Vermont	No					
Virginia	No					
Washington	No					
West Virginia	No					
Wisconsin	No					
Wyoming	No					

Polygraph Licensing Requirements by State

State	Requires Polygraph License	Attend Polygraph School	Exam	Internship Required?	Fee	Notes
Alabama	Yes	Yes	Yes	Yes	\$150	1. Must have proof of holding a college degree or evidence that the applicant has had five consecutive years of active investigative experience
Alaska	No					
Arizona	No					
Arkansas	Yes	Yes	No		\$120	
California	No					
Colorado	No					
Connecticut	No					
Delaware	No					
DC	No					
Florida	No					
Georgia	No					
Hawaii	No					
Idaho	No					
Illinois	Yes	Yes	Yes	Yes	\$100	
Indiana	Yes	No	No	No	\$150-\$300	Falls under their Private Detective License
Iowa	Yes				\$100	Falls under their Private Detective License
Kansas	No					
Kentucky	Yes	Yes	Yes	Yes	\$50	
Louisiana	No; certification only	Yes	Yes	Yes	\$50 to \$100	
Maine	Yes	Yes	Yes	Yes	\$100	
Maryland	No					
Massachusetts	No					
Michigan	Yes	No	Yes	Yes	\$100 -Private examiner	
Minnesota	No					
Mississippi	Yes	Yes	No	Yes	\$50	
Missouri	No					License Only required in St. Louis County
Montana	No					
Nevada	Yes	Yes	Yes	No	\$620	
New Hampshire	No					
New Jersey	No					
New Mexico	Yes	Yes	Yes	Yes	\$500	
New York	No					
North Carolina	Yes	Yes	Yes	Yes	\$150	
North Dakota	Yes	Yes	No	Yes	\$35	
Ohio	No					
Oklahoma	Yes	Yes	Yes	Yes	\$150	
Oregon	Yes	Yes	Yes	Yes	\$91	
Pennsylvania	No					
Rhode Island	No					
South Carolina	Yes	Yes	Yes	Yes	??	Fee not set in regulation.
South Dakota	Yes	Yes	No	No	\$75	
Tennessee	Yes	Yes	Yes	Yes	\$200	
Texas	No					Repealed its licensing laws in September
Utah	Yes	No	Yes	Yes	\$80	
Vermont	Yes	Yes	No	Yes	\$15	
Virginia	Yes	Yes	Yes	Yes	\$45	
Washington	No					
West Virginia	Yes	Yes	Yes	Yes	\$100	
Wisconsin	No					
Wyoming	No					

How to Submit Articles or Papers

Submission deadline for the next IAVSA publication of this journal: 30 June 2026

Scope

The IAVSA Journal of Credibility Assessment Techniques is a semiannual professional publication, featuring articles and papers on the principles and practice of utilizing voice stress analysis for truth verification and credibility assessments. Authors are invited to submit articles or papers of original research, literature reviews, legal briefs, theoretical papers, instructional pieces, case histories, book reviews, short reports, and similar works. A minimum standard for acceptance is that the article or manuscript be of general interest to voice stress examiners, instructors, and researchers of voice stress analysis.

Article / Paper Organization

All article and paper submissions must be complete, balanced, and accurate. Writers may exercise freedom of style, but they will be held to a standard of clarity, organization, and accuracy. Authors are responsible for assuring their work includes accurate citations that meet academic standards, e.g., APA, MLA, or Chicago/Turabian.

Peer Review

All articles and papers will be subject to a formal peer-review process, which includes evaluation of the significance of the contribution to the voice stress analysis profession, clarity, accuracy, and consistency. As a condition of publication, authors agree that all text, figures, or other content in their works is correctly cited, and that the work, all or in part, is not under consideration for publication elsewhere. Authors also agree to give reasonable access to their data to IAVSA members upon written request.

Article/Paper Submission

Submission of articles and papers is required in English and an electronic, editable format, so they can be formatted to fit the journal's layout. MS Word is the preferred file format; however, submissions can be from any word processor. Authors are encouraged to submit their article(s) or paper(s) as an email attachment, with the email including a point of contact name, telephone number, and email address of the author. Submissions need to be sent to: lesupportservices@iavsa.com



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Course Description / Training Syllabus

Historical Overview of Lie Detection	Physiology & Psychology of Voice Stress Analysis
Instrumentation & Operation of VIPRE® and CVSA® Unit	Practical Application for VIPRE® and CVSA® Unit
Detection of Deception Techniques	Interview and Interrogation Techniques
Examination Question Formulation & Sequencing Criteria	Pre-Employment Screening and Examinations
Comprehensive Analysis of Chart & Pattern Evaluation	Report Writing
Hands-On Examinations, Exercises & Quizzes	Course Review and Final Examination

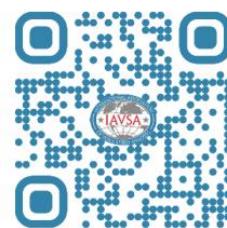
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TRAINING ANNOUNCEMENT



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All participants must bring or have access to a voice stress analyzer during the class

Course Description / Training Syllabus

Historical Overview of Lie Detection
Instrumentation & Operation of VIPRE® and CVSA® Units
Detection of Deception Techniques
Examination Question Formulation & Sequencing Criteria
Comprehensive Analysis of Chart & Pattern Evaluation
Hands-On Examinations, Exercises & Quizzes

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